Making sense of voices: Utilising a biographical and social orientated approach to empower and enable mental health recovery

Skills based workshops delivered jointly by Paranoia Network UK, Hearing Voices Network, Sheffield, and the Institute of Mental Health Nottingham
(This workshop is targeted at all mental health workers, criminal justice personnel and third sector agencies)

Facilitators: Pete Bullimore, Internationally renowned voices and paranoia trainer
Chris Tandy, Education and Practice consultant, IMH Nottingham

The traditional approach to working with voice hearers focuses upon inabilities and deficits, rather than individuals’ inherent ability to understand and cope with their voices and other experiences. This course is grounded on acceptance of lived experiences of voice hearing. Participants will be taught to employ the Maastricht Interview, an assessment tool developed by Dr Sandra Escher and Professor Marius Romme, which provides a structured method for understanding and working with a voice hearer’s experience.

Day 1
There will be a maximum of 30 workers and 3 voices hearers present, the voice hearers will come from the Sheffield Hearing Voices Network
There will be a presentation and overview of how to use the Maastricht Interview
Workers will work in groups and they will interview a voice hearer using the Maastricht Interview and they will then be required to write a report of the interview the information will be carefully distilled and used to form a construct of the experience

Day 2
The workers will interview a second voice hearer and write up the second interview
They will then have to develop a construct of the experiences of the people they interviewed
They will look to answer two questions
What do they voices represent in the person’s life?
Whom do the voices represent?
They will then be asked to feed them back, and they will be compared to the reports and constructs, that have already been completed by Professor Marius Romme & Dr Sandra Escher
If there are any mistakes they can be rectified and the worker will have a correct report and construct, as an outline to use with other voice hearers

Day 3
To look at how to use the information gathered from the construct

£200 for this two-day workshop with the recommended option of attending a third day ‘Beyond the Construct’ for an additional cost of £100

*Price includes Romme and Escher’s Making Sense of Voices Guide worth £25*

Apply now: please email Suzanne Howard Suzanne.Howard@nottshc.nhs.uk complete booking form below to secure a place. Enquiries: Chris Tandy 07545 229632
MAKING SENSE OF VOICES REGISTRATION FORM

Full Name
Job Title
Organisation
(If applicable)
Postal address
Telephone number
Email Address

Please select your choice below:

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Invoice Details

Please note cancellation policy below

Name of Organisation / person to be invoiced:

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Invoice Address

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Amount £

CANCELLATION POLICY: Any cancellations must be made in writing and the following cancellation fee will apply.

Notice before workshop date  Cancellation fee
15 days or more  50%
Between 1 and 14 days before  Full payment required
Failure to attend  Full payment required

Please return your completed form to Suzanne.howard@nottshc.nhs.uk