
HEARING VOICES RESOURCE PACK

Would you like to apply for a free resource pack made up of books and DVD's about the hearing voices approach?



Hearing Voices Network Cymru will send you a free pack containing the following:

For Groups

- **Living with voices: 50 Voices of Recovery** by Marius Romme, Sandra Escher et al
- **Hearing Voices : A Common Human Experience** by John Watkins
- **Children and Voice Hearing** by Sandra Escher (if applicable to the needs of the group applying)
- **The Working with Voices workbook** by Mike Smith and Ron Coleman
- **The Voice Inside** by Paul Baker
- **Setting up and running a hearing voices group** DVD and CD set

For Individuals

- **The Working with Voices workbook** by Mike Smith and Ron Coleman
 - **The Voice Inside** by Paul Baker
- plus one DVD and/or book according to the needs of the person applying

“..... about resource packs. I received one several years ago and have used it more than you could ever imagine.

It's been a huge asset to educating myself, other voice hearers, clinicians I work with and at my presentations.

Much of the stuff I use is cited directly from those books. I've shown the DVD's as well.

I just wanted you to know how tremendously it has helped me so you could let Hywel know my appreciation.”

JB, USA



How to Apply

If you would like to apply for a Hearing Voices Information Resource Pack Fund please provide a short statement telling us how you would use the books/DVDS

You can apply on behalf of a group or for yourself.

If you are applying on behalf of group please tell us how will make use of the Pack by indicating how the books:

- would be made available to a voice hearers and other interested people (workers, family members etc)
- how the information contained within the publications and other resources would be utilised to the benefit of voice hearers in the your community

Applications will be considered by Hearing Voices Network Cymru and awarded on the basis of the applications meeting our criteria. Applications are invited from hearing voices initiatives across the world.

Send your application as an email to Hywel Davies, Hearing Voices Network Cymru (Wales) at info@hearingvoicescymru.org. Please let us have your name and when applicable the name of your organisation or hearing voices group. We also need your contact details and address to where the pack should be delivered.

Your application will be considered and responded to within eight weeks.

For more information go to hearingvoicescymru.org/resource-pack-fund



The publications and DVD's in the Resource Pack are provided by Working To Recovery Ltd. To see their full list of publications go to www.workingtorecovery.co.uk

“.... just wanted to thank you for taking the trouble to mail the Hearing Voices Resource Pack down here to New Zealand. It is a wonderful and very rich collection of resources. I have already had a stream of people through my office wishing to take a book or DVD away... so really appreciate your list of ideas for use. We'll make sure they are put to the best possible use!”
RW, New Zealand