

EMERGING PARADIGMS
In Collaboration with Brecon Community Organisations
Presents
CRAZYWISE

10-00: Introduction and Welcome: Avril Meyler and Anne Woods: Compassionate Connection.

10.10: Film CRAZYWISE

11.30: Break: During and after break please feel free to choose the *option* to sit at different tables so you may interact with people whom you may not know.

11.55: Introduction to “**Open Space**” Anne Woods and Avril Meyler

12: 00: Share your responses to the film with each other. Three Questions/ issues which emerge from this will be carried forward to the afternoon session.

13:00: Lunch Break: Packed lunches may be eaten in the venue (please clear up after yourself): Other food available in the salon and dining area downstairs or at one of the nearby eateries.

14-00: Guidance to Open Space Main Event. Feel free to move to different tables to join their discussion if you feel the questions/issues chosen by your group do not reflect your views. Approach this session with a view to:

- 1) How to take this question/issue forward to serve to improve understanding and treatment within the Mental Health Arena?
- 2) Create initiatives/groups to use this question/issue to enhance well-being and improve understanding in all areas for those with Lived Experience.
- 3) How will this experiential day influence your own healing or work initiatives?

15.00: Break

15.25: Plenary Facilitators feedback

15.45: Ending the day with Compassionate Connection.

Thank You All Volunteers and Supporters of the Day:

PAVO

Penny Association of Voluntary Organisations
LYMINGTONS NEUSDASH IGAITHOGE - PAVO

One-in-Four Morrisons: Andy Hall Louise Turner

